

**OUR HEALTH AND WELLBEING TEAM
ARE HERE TO SUPPORT YOU.**

DEBTS

BENEFITS

**SOCIAL
ACTIVITIES**

**WEIGHT
MANAGEMENT**

EMPLOYMENT

**CHRONIC
HEALTH ISSUES**

**MENTAL
HEALTH**

HOUSING



**ROSEBY ROAD COMMUNITY CENTRE,
ROSEBY ROAD, PETERLEE, SR8 4RJ**

**FRIDAY 21ST JULY 2023 9:30 – 11:30
AND FORTNIGHTLY THEREAFTER**

**CONTACT US ON
JAMES.BUCHANAN@NHS.NET**

NHS



**east durham
medical group**



**DURHAM COAST
Primary Care Network**